



April-June 2017
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SFFEB Upcoming Trainings

April

[Breaking the Cycle of Stress:
Resilience Skills for the Federal
Workforce](#)
[April 25th – San Francisco](#)

This training provides both physical and cognitive techniques to overcome the negative impacts of stress, and to increase our capacity to bounce back from adversity.

[The COR's Guide to
Performance and Quality](#)
[April 27th – Oakland](#)

Whether you are a new or experienced COR, contracting professional, or simply a member of the acquisition team, this seminar is for you!

[Administrative
Professionals Day](#)
[April 27th - SF](#)

[Writing Your Way to Success:
Communicating with Precision](#)

Business writing is a standard requirement for all federal jobs, so it's critical to your success.

May

[Plain Writing Clinic](#)
[May 22-23rd – SF](#)

If you are serious about simplifying your writing, saving time in doing it, and seeing results quickly, then this two-day intensive course is for you.

[Coaching Yourself and Others for
Peak Performance](#)
[May 24-25th – SF](#)

This two-day introductory coaching course is about a powerful, dynamic, new discipline. It has become a “must” for successful workplaces.

[Building Effective Teams](#)
[May 26th – SF](#)

Teams have become a principal building block of successful organizations. Whether the focus is on service, quality, cost, value, speed, efficiency, performance, or other similar goals, teams are the central methodology of most organizations.

June

[FEMA's L548
COOP Program Manager](#)
[June 5-6th – SF](#)

Describes requirements for developing a continuity program as prescribed in Federal Executive Branch National Continuity Program.

[FERS Retirement](#)
[June 19-20 – Oakland](#)
[June 21-22 – SF](#)

Prepare for your retirement.

[Dealing with Performance and
Conduct Issues](#)
[June 28-29th – SF](#)

Supervisors, Managers and
Union Reps



San Francisco Bay Area
Federal Executive Board

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