



Elder Care Resources for California

California Association of Area Agencies on Aging

<http://www.c4a.info/index.php/area-agencies-on-aging>

The area agency network also provides assistance, information, referral, and support. Each year the network provides clients, and their caregivers, with services critical to keep seniors in their homes and communities as long as possible, serving thousands of meals, and delivering home-maker services and personal care.

California Department on Aging

<http://www.aging.ca.gov/>

The California Department of Aging (CDA) administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State. The Department administers funds allocated under the federal Older Americans Act, the Older Californians Act, and through the Medi-Cal program.

Programs listed in this area are for seniors, caregivers, & adults with disabilities.

<http://www.aging.ca.gov/programs/>

Self-Help for the Elderly

<https://www.selfhelpelderly.org/>

Since 1966, Self-Help for the Elderly has provided assistance and support to seniors in the San Francisco area. We provide trustworthy and devoted care for seniors to promote their independence, dignity and self-worth. Our non-profit services and companionship help guide seniors to wellness and happiness. We want to contribute to longer, healthier, more purposeful lives for seniors.

Elder Helpers

<http://www.elderhelpers.org>

Welcome to elderhelpers.org, this website is dedicated to the Elder Helpers program, which aims to match volunteers with elders in need of help within their own community.

U.S. Administration on Aging

<http://www.aoa.gov/>

The Administration on Aging (AOA) is the principal agency of the U.S Department of Health and Human Services designated to carry out the provisions of the Older Americans Act of 1965 (OAA), as amended (42 U.S.C.A. § 3001 et seq.). The OAA promotes the well-being of older individuals by providing services and programs designed to help them live independently in their homes and communities. The Act also empowers the federal government to distribute funds to the states for supportive services for individuals over the age of 60.